

Adult Day Services Client Assessment

Last Name: _____ First Name: _____ Date: ___ / ___ / ___

ACTIVITIES OF DAILY LIVING

1. Eating- How client eats and drinks, regardless of skill (client may be messy or may not use knife, fork or spoon), during the last week.

- 0 Did not eat at the Center during the last week.
- 1 Eats independently: no help or supervision needed during the last week.
- 2 Eats with supervision: oversight, encouragement or cuing provided 1 or more times during the last week.
- 3 Eats with limited assistance: (client highly involved in activity), received physical help in guided maneuvering of eating device more than 1 time during the last week.
- 4 Eats with extensive assistance: may perform part of activity, but needs full staff performance for eating 1 or more times during the last week.
- 5 Totally dependent: needs to be fed on all occasions, includes those clients who are tube fed during the last week.

2. Chair Transfer- How the client moves from chair to chair or chair to standing position during the last week. (Exclude toilet)

- 0 Did not transfer during the last week.
- 1 Transfers independently during the last week.
- 2 Transfers with supervision: oversight, encouragement, cuing provided 1 or more times during the last week.
- 3 Transfers with limited assistance: client highly involved in activity, received physical help in guided maneuvering of limbs or other non-weight bearing help more than 1 time during the last week.
- 4 Transfers with extensive assistance: may have performed part of the activity, weight bearing support provided 1 or more times during the last week.
- 5 Totally dependent: dependent on staff to transfer from one location or position to another during the last week.

3. Toilet Use- How the client uses the toilet during the last week. Includes ability to use toilet paper and manage clothing (zipping and unzipping, getting pants up and down).

- 0 Client did not use toilet at Center during the last week.
- 1 Uses the toilet independently, no help provided during the last week.
- 2 Requires supervision: needs oversight, encouragement or cuing provided 1 or more times during the last week.
- 3 Requires limited assistance: client highly involved in activity, receives physical assistance, more than 1 time during the last week.
- 4 Requires extensive assistance: client may perform part of activity but full staff assistance is needed 1 or more times during the last week.
- 5 Totally dependent: dependent on staff on all occasions during the last week.

4. Ambulation/Locomotion- Ability to safely walk, once in a standing position, or use a wheelchair during the last week..

- 1 Able to be independently mobile, either walking or wheeling self in wheelchair during the last week.
- 2 Requires supervision: client needs oversight, encouragement or cuing provided 1 or more times during the last week to walk or wheel in wheelchair.
- 3 Requires limited assistance: client may be highly involved in activity but needs physical assistance of 1 staff member or supervision, for ambulation more than 1 time during the last week, may need a push in wheelchair more than 1 time during the last week.
- 4 Requires extensive assistance: client may perform part of activity, needs assistance of 2 staff members 1 or more times during the last week for ambulation, needs to be pushed in wheelchair on most occasions during the last week.
- 5 Totally dependent: Unable to ambulate or wheel self in wheelchair during the last week.

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ACTIVITIES OF DAILY LIVING

5. Self-manage continence products: Ability to manage any type of absorbent, disposable or reusable undergarment or item worn by the client to manage bowel or bladder incontinence during the last week.

- 0** Client did not use incontinence device during the last week.
- 1** Able to manage independently: no help needed during the last week.
- 2** Requires supervision: client may require someone to encourage and cue them 1 or more times during the last week
- 3** Requires limited assistance: client highly involved in activity, staff assists with changing product more than 1 time during the last week.
- 4** Requires extensive supervision: client may perform part of the activity but staff must physically complete activity 1 or more times during the last week.
- 5** Totally dependent: staff must perform entire activity during the last week.

Comments: _____

ACTIVITIES OF DAILY LIVING CLIENT INTAKE ASSESSMENT

Instructions

Before beginning assessment collect all documentation available regarding client's performance during the past week. Talk to other staff members to gain a true picture of abilities. Scoring should be based on what the client actually does not what they should be able to do or what family members report.

1. Eating- How client eats and drinks, regardless of skill (client may be messy or may not use knife, fork or spoon), during the last week.

Some clients may not eat at the Center for a variety of reasons including physical health or dietary restrictions. Score as 0.

Clients are able to eat independently if they can sit down at the table and are able to eat without someone prompting them or preparing their food. Score as 1.

Clients who need supervision require oversight, encouragement or cuing such as having someone sit near them to maintain focus on activity or need to have staff cut or otherwise prepare food such as putting cream in coffee. This assistance is required 1 or more times during the last week. This may include someone who eats finger foods independently. Score as 2.

Clients who require limited assistance are highly involved in the activity but may need staff to put the spoon in their hand or may need to have hand guided the first few times and then eats independently with encouragement, this includes clients who will eat finger foods but need oversight and encouragement. Score as 3.

Clients who require extensive assistance may be able to feed self a small amount but need constant supervision and full staff performance to eat, may be able to feed self finger foods but need to have glass or cup held by staff member. This assistance is required 1 or more times during the last week. Score as 4.

Clients is totally dependent if he/she needs to be fed at all times. Includes tube feedings. Score as 5.

2. Chair Transfer- How the client moves from chair to chair or chair to standing position during the last week. (Exclude toilet)

Some clients may never physically get up and transfer at the Center it will usually be

someone who is wheelchair bound and does not get out of the wheelchair at the Center. Score as 0.

Client is physically independent for all transfers. May need staff to lock wheels on wheelchair but requires no physical assistance. Score as 1.

Client requires supervision for transfers. The client may need to be talked through the process, for example, Put your hands on the arms of the chair and push up. Needs to be encouraged or verbally prompted to stand but no physical help needed. Score as 2.

Client needs limited assistance if he/she is highly involved in the activity but may need a hand on arm for stability, help getting feet positioned on floor, or legs uncrossed and set on floor. Other non-weight bearing support may be provided such as a hand on the back. Such help occurred 1 or more times during the past week. Score as 3.

Client needs extensive assistance if he/she needs staff to physically assist to feet, such as pulling client to feet or lifting to feet. Such weight bearing support is provided at least once during the past week. Score as 4.

Client is totally dependent if he/she is unable to transfer from one location to another without staff physically lifting and moving the client. Score as 5.

3. Toilet Use- How the client uses the toilet during the last week. Includes ability to perform personal hygiene and manage clothing (zipping and unzipping, getting pants up and down).

Clients may not use the toilet at the Center. Score this as 0.

Client uses the toilet independently, no help or supervision needed. Score as 1.

Client requires supervision, or encouragement such as reminders to use the toilet, be shown the location of the toilet or cuing such as verbal direction to lift skirt, pull down pants or handle toilet tissue. No physical assistance provided. Such help provided 1 or more times during the last week. Score as 2

Client requires limited assistance if he/she is involved in the activity but needs physical help managing clothing such as zippers, belts or buttons or staff assistance using toilet tissue. Staff may also need to assist with clothing straightening. This help is provided 1 or more times during the last week. Score as 3.

Client needs extensive assistance if full staff performance is needed to use toilet tissue or physical assistance is required to pull pants up or down or to raise skirt on 1 or more occasions during the last week. Score as 4.

Client is totally dependent on staff for toileting. Score as 5.

4. Ambulation/Locomotion- Ability to safely walk, once in a standing position, or use a wheelchair during the last week.

Client is independent if they walk independently with or without assistive devices such as canes or walkers or are able to self-propel a wheelchair with no assistance. Score as 1.

Client requires supervision if he/she needs oversight, verbal cuing or encouragement such as reassurance from someone walking next to them. No physical help needed. Score as 2.

Client requires limited assistance if he/she needs to take someone's arm or have a staff member take their arm while walking more than 1 time during the past week. Those in a wheelchair need an occasional push one or more times during the last week. Score as 3.

Client needs extensive assistance if he/she needs 2 staff members to walk safely, balance could be very bad or client lacks the strength to stand at least 1 time during the last week. Client needs to be pushed in a wheelchair most of the time but occasionally during the last week self-propelled wheelchair. Score as 4.

Client is totally dependent if he/she is completely unable to ambulate or self-propel wheelchair. Score as 5.

5. Self-manage continence products: Ability to manage any type of absorbent, disposable or reusable undergarment or item worn by the client to manage incontinence.

Client does not use any type of incontinence product. Score as 0.

Client is able to independently manage incontinence products without assistance from staff. Score as 1.

Client requires supervision, encouragement or verbal cuing such as reminders to change the product or to manage incontinence product such as buttoning the straps, no physical help provided. Such help is provided 1 or more times during the last week. Score as 2.

Client requires limited assistance if client is able to manage product with some staff help needed to hand product to client or hold brief so client can secure it in place 1 or more times during the last week. Score as 3.

Client requires extensive assistance if he/she is able to participate in activity such as holding brief in place but staff must physically complete task 1 or more times during the last week. Score as 4.

Client is totally dependent if staff must change the client s incontinence product. This would include care of ostomy bags. Score as 5.