Adult Day Services Outcomes Project

OVERVIEW

This manual provides forms and instructions for four Assessment tools developed specifically for Adult Day Services. The manual is in 5 sections:

A: Family-Intake Assessment
B: Client Assessment
C: Family Telephone Assessment
D: Client Follow-Up Assessment
E: Family Follow-Up Telephone Assessment

A. The Family-Intake Assessment should be completed with the client and family member during the initial face-to-face meeting. Some agencies may elect to mail some or all of this form to the family member to complete before their first meeting. The forms should be reviewed with the family member to correct any omissions or ambiguities.

B. The Client Assessment should be completed after the client has attended the center for one week or attended twice if not attending more than once a week. This assessment is completed by staff based on their observations and interactions with the client. It differs from the Family-Intake Assessment, because the Family-Intake is based mainly on the family s perceptions of the client. Information provided by families is important for care planning and understanding the client. Some information will only be available from family members. Families may vary in their ability to answer these questions based on their own experience and interpretation. It is important for staff to conduct a baseline assessment using a standardized approach that can be used to track outcomes at six months.

The Client Assessment has two sets of forms. The first set of three forms, Activities of Daily Living, Cognitive Function, and Weight and Nutritional Status are objective measures. They are based on observations and interactions with the client. The assessment tools provide standardized approaches that will improve the consistency and reliability of the data.

The second set of 3 forms consists of Quality of Life, Depressive Symptoms, and Self-Reported Health Status. These are subjective measures. These measures are based on client s self-report. Not every client will be able to complete these three questions due to cognitive limitations. Staff should attempt to conduct the Quality of Life assessment, and continue with the other two if the client is able to respond. However, if the client is not capable of providing coherent responses, then these three sections should be skipped. Be sure to check the box marked unable to complete form due to cognitive impairment.

C. The Family Telephone Assessment includes the Burden Interview. This assessment will be conducted by staff from the University of Pittsburgh.

D. The Client Follow-Up assessment is the same as part B with the addition of the subjective Satisfaction questionnaire. The two sets of measures will be completed every 6 months except for the Weight and Nutrition which will be completed monthly. The Family

E. Follow-Up Telephone Assessment includes the Burden Interview, the Satisfaction Survey, United Way information for United Way agencies and Health Care Utilization. University of Pittsburgh staff will conduct the Burden and Satisfaction surveys. Center staff will collect Health Care Utilization and United Way agencies will collect United Way Indicators.