

First Pre-service Workshop on Management of Severe Acute Malnutrition (SAM)
Course Director Summary.
Venue: LUMHS Jamshoro.
Date: 09-May-To-14-May 2011

First Pre-Service SAM Management workshop organized by LUMHS in collaboration with Health Department, Government of Sindh and World Health Organization was held at Department of Paediatric LUMHS Jamshoro from 9th to 14th May 2011.

Inaugural Session.

Inaugural session was attended by

Dr. Dure Shahwar Khan Incharge Nutrition Cell Department of Health,

Professor Shafi Mohammad Jatoi Director Academic LUMHS,

Dr.Nisar Memon Nutrition Officer W.H.O,

Dr.Abdul Wahab Nutrition Officer

Professor Akbar Nizamani Professor of Pediatric unit II,

Dr.Abdul Rehman Siyal Senior Registrar,

Dr.Yasmeen Memon Associate Professor Paediatric LUMHS.,

Facilitators and Participants of workshop.

List of participants

S #	Name	Designation
1	Dr. Abdul Hussain Soomro	MCPS Trainee
2	Dr. Bakhtiar	DCH Trainee
3	Dr. Asif Nadeem Jamali	FCPS-II Trainee
4	Dr. Jameel	DCH Trainee
5	Dr. Muhammad Ali Memon	DCH Trainee
6	Dr. Nand Lal	DCH Trainee
7	Dr. Sana Memon	FCPS-II Trainee
8	Dr. Ghulab Rai	FCPS-II Trainee
9	Dr. Maryam Rafique	MD- Trainee
10	Dr. Asma Andleb	MCPS- Trainee
11	Dr. Irum Khan	MCPS- Trainee
12	Dr. Qamreen Memon	FCPS-II Trainee

Module and session completed (Teaching schedule)

Management on SAM children Workshop Schedule
09-05-2011 to 14-05-2011 at Jamshoro, South Sindh.

DAY – 01		
TOPIC	TIME	LEAD PERSON/Facilitator
Opening Presentation	09:00 - 09:10 am	Course Director Dr.Yasmeen Memon
Module I INTRODUCTION	09:10 - 09.40 am	Dr.Yasmeen Memon
Module II PRINCIPLES OF CARE	09:40 - 10:10 am	Dr.Zulfiqar Shaikh
Module II PRINCIPLES OF CARE, Introduction	10:10 - 10:40 am	Dr.Zulfiqar Shaikh
Page 1-15 with Exercises A, B & C	10:40 - 11.10am	Group Facilitator
Tea	11:10 – 11:30	
Clinical Session	11.30 - 12:45 pm	Group Facilitator
Video on Transformation	12:45 - 01:30 pm	Group Facilitator

DAY -02		
TOPIC	TIME	LEAD PERSON
Review day -1	09:00 to 10:00 am	Dr.Yasmeen Memon
Page 16-26 with Exercises	10:00 to 11:15 am	Group Facilitator
Module II Principles of care (Summary)	11:15 to 11:30 am	Participant/ Group Facilitator Dr.Yasmeen
Tea	1:30 to 11:45	
Module III INITIAL MANAGEMENT Introduction	11.45 to 12.15 pm	Dr.Yasmeen Memon
Module III Page 3-14 + Ex. A	12:15 to 01:30 pm	Group Facilitator

.DAY -03		
TOPIC	TIME	LEAD PERSON
Review day -2	09:00 to 09:30 am	Dr.Yasmeen Memon / Participants
INITIAL MANAGEMENT (contd.) Page 21-33 + Ex. B&C	09:30 to 10:30 am	Group Facilitator
Tea 11:00 to 11:15 am		
Clinical Session	11.15 to 12.15 pm	
Page 34- 41 + Exercise D & E	12:15 to 01:15 pm	Group Facilitator
Summary Module III	01:15 to 01:30 pm	Participant/ Dr. Chetan Das

DAY -04		
TOPIC	TIME	LEAD PERSON
Review day -3	09:00 to 09:00 am	Dr.Yasmeen Memon / Participant
Module IV FEEDING Introduction	09.30 to 10.00 am	Dr. Zulfiquar Shaikh
Module IV FEEDING, Page 2-6 + Ex. A (F75/100 Preparation)	10.00 to 10:45 am	Group Facilitator
Module IV FEEDING, Page 7-26 + Exercises	10:45 to 11:30 am	Group Facilitator
Tea 11.30 to 11.45 am		
Clinical Session	11:45 to 12:45 pm	
Module IV FEEDING, Page 27-52 + Exercises	12:45 to 01:30 pm	Group Facilitator

DAY -05		
TOPIC	TIME	LEAD PERSON
Review day -4	09:00 to 09:30 am	Dr.Yasmeen Memon / Participant
Module V DAILY CARE		Group Facilitator
Module V DAILY CARE Introduction	09:30 to 10:00 am	Dr.Yasmeen Memon
Module V DAILY CARE Page 2-35 + Exercises	10:00 to 10:30 am	Group Facilitator
Module V DAILY CARE (Summary)	10:30 to 11:00 am	Group Facilitator
Module VI MONITORING & PROBLEM SOLVING		Group Facilitator
Module VI MONITORING & PROBLEM SOLVING, Introduction.	11.00 to 11.30 am	Dr.Chetan Das
Tea 11.30 to 11.45 am		
Module VI MONITORING & PROBLEM SOLVING, Page 2 to 24 with exercise	11:45 to 01:30 pm	Group Facilitator

Day -06		
TOPIC	TIME	LEAD PERSON
Review day -5	09:00 to 09:30 am	Dr.Yasmeen Memon /Participant
Module VI MONITORING & PROBLEM SOLVING, Page 25 to 50 with exercise	09:30 to 11:00 am	Group Facilitator
Module VII INVOLVING MOTHERS IN CARE, Introduction	11:00 to 11:30 am	Dr.Zulfiqar Shaikh
Module VII INVOLVING MOTHERS IN CARE. Follow Up Instructions Identification of Dangers Signs	11.30 to 12.30 pm	Group Facilitator
Certificate Distribution.	12.30 to 12.45 pm	Certificate Distribution.
Hi - Tea 12.45 to 01.00 pm		

Summary of Course.

Number of days - 6

Total number of hours worked -30

Number of Participants - 12

Number of Facilitators - 3 (with course director)

Ratio of Facilitator to Participants- 1:4

Clinical Sessions-NSC

Modules All completed

Training Modules. All Participants received support material containing 7 modules

All class room teaching facilitation was carried out as per teaching plan. Power point presentations, case studies, role play, group discussions, group work and home work were assigned as per time table. Preclinical briefings were assigned to guide about clinical practices. Clinical session related to tour of ward for observation of admission area, emergency treatment area, organization of severe malnutrition ward, kitchen area and play area.

Each participant was assigned to weigh and measure children and look up weight for height SD score and observes clinical sign of severe malnutrition, Hypoglcemia, Hypothemia, Dehydration and Shock.

Each group prepares Resomal, F75 and F100 feeding formula.

Each Participant practiced filling CCP form during initial management, review 24 hour intake chart and plan feeds for the next day, participate daily care tasks such as measure respiratory rate, pulse rate and temperature and observe play session.

Facilitators meeting with course director were held daily at the end of the day for further improving the teaching skills, time management issue. Dr.Zohra Luqmanji nutrition Officer

W.H.O visited SAM training on day 3 with Professor Salma Shaikh, and again observed a full day session on day 6 and gave valuable suggestions in concluding session.

Concluding session was attended by Dr.Zohra Luqmanji nutrition Officer W.H.O, Professor Shafi Mohammad Jatoi Director of Academic LUMHS, Professor Hussain Bux Kolachi of Community Medicine LUMHS, Professor of Pediatric Dr. Akbar Nizamani , Dr.Shazia Memon Assistant Professor Pediatric and Dr. Nisar Memon Nutrition officer W.H.O.

Efforts of Professor Salma Shaikh Dean Faculty of Medicine & Allied LUMHS Jamshoro were appreciated for arranging first Pre-Service workshop on Management of Severe Acute Malnutrition (SAM).

Special thanks to Dr. Abdul Rehman Pirzado, MnCAH Provincial Officer WHO, Sindh/Team leader NPPI-WHO, Sindh/lead consultant preservice Sindh for his guidance, support and designing the split 8cal course to be conducted as preservice activity.

Course Director

Dr.Yasmeen Memon

Associate Professor Paediatric Unit-I LUMHS, Jamshoro