Situation of Child Health during Monsoon in Sindh Role of Pediatricians and General Practitioners

My talk on March 4 2023





#### Abdul Rehman Pirzado

Sindh has a population of 50.4 million

23 % of the country's population

generates 27 % of Pakistan's GDP.

49% of Sindh's population lives in rural areas

37 % of the rural population lives below the poverty line.

Vulnerable to natural disasters due to its geographical location, socioeconomic vulnerability, and climatic conditions.

- 2.7 million houses are 'katcha houses', made of mud and don't meet engineering standards for resilience,
- 5.6 million housing units are 'pakka' or made of brick.

A portion of housing stock is located in areas prone to recurrent floods

Almost half of home-owning women in Sindh do not have a title or deed.

Indicator	Target	Hyderabad	Larkano
Health Facilities per 10,000	2	0.5	0.8
Inpatient beds per 10,000	18	14.8	6
Maternity beds per 1,000	10	2.8	1.7
Health workers per 10,000	44.5	7.8	8.4

Indicator	Index	Hyderabad	Larkano
Health Services Infrastructure	100	46	32
Health Workforce	100	17	19
Services availability	100	32	25

Indicator	Index	Hyderabad	Larkano78
Basic amenities	100	60	68
Basic equipment	100	82	78
IPC	100	55	68
Diagnostic capacity	100	27	15
Essential medicine	100	32	30

Indicator	Index	Hyderabad	Larkano78
MNCH	100	30	32
Child Immunization	100	40	35
Non Communicable diseases	100	21	24
Blood Transfusion	100	4	3
Surgery	100	6	10













Hyderabad



## SERVICE AVAILABILITY READINESS ASSESSMENT **SURVEY (SARA) REPORT**

of the Public Health Facilities in **Pakistan** 

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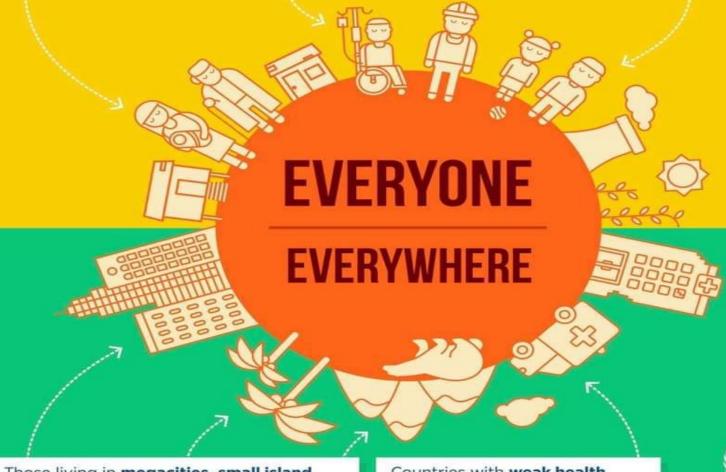
## Who is at risk of climate change

#ClimateChange

#### WHO IS AT RISK OF CLIMATE CHANGE?

Those living in poverty, as well as women, children and the elderly.

Outdoor workers and people living with chronic medical conditions. Children are the most vulnerable due to long exposure to environmental risks.



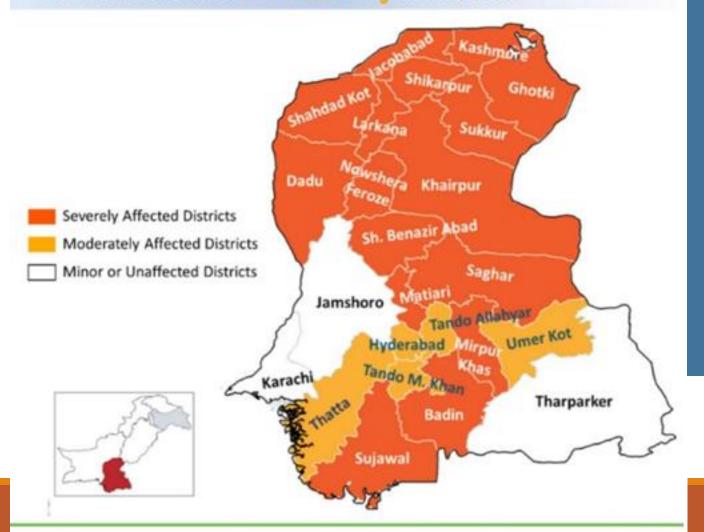
Those living in megacities, small island developing states and other coastal, mountainous and polar regions.

Countries with **weak health systems** will be least able to prepare and respond.



#### Flood Maps with Disaggregated Population Data Analysis of Sindh

16 Districts are Severely Affected
5 Districts are Moderately Affected



almost 1.7 million houses partially damaged or fully

That is 20% of total houses

destroyed.

#### Out of Severely Affected Rural Population

2,964,000+

539,000+

380,000+

are Children

< 5 Years

who require

immunization

and nutrition

care

<u>o</u>go e

are Aged
65+ Years
who require



special care

Women are Currently

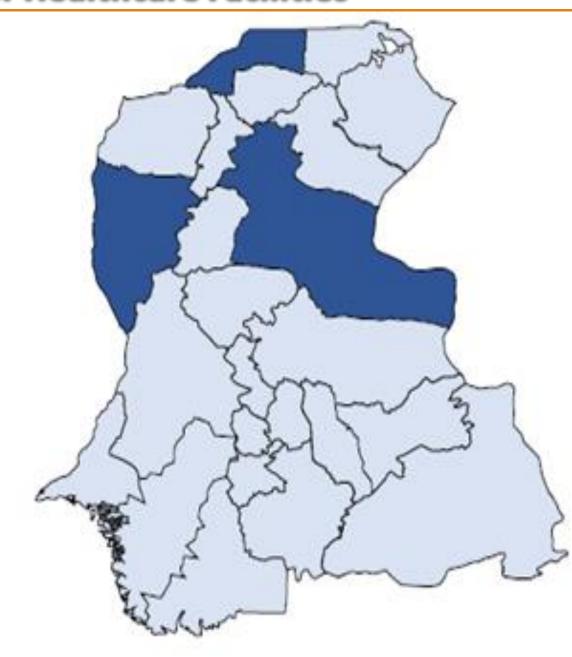
Pregnant

who require antenatal, delivery and postnatal services



#### District wise name of under water Healthcare Facilities

S#	District	Name of under water Health Facilities
1	Dadu	<ol> <li>THQ Khairpur Nathan Shah</li> <li>RHC Phulji Village</li> <li>BHU Mitho Baber</li> <li>BHU Rawat Khan Laghari</li> <li>GD Bahadur khan Naich</li> <li>GD Loung Tunio</li> </ol>
2	Khairpur	1) RHC Thari Mirwah
3	Jacobabad	<ol> <li>BHU Sardar Abdul Rahim Khoso</li> <li>BHU Dadpur</li> <li>Khairo Wagho</li> </ol>



#### **Essential Package of Health Services (EPHS) October 2020**

The full district-level package consists of 117 interventions, with 88 of them to be immediately

The package of essential health services includes preventive, promotive, curative, rehabilitative and palliative health services aimed at individuals typically delivered through five levels of health care —

community level,

primary health care facilities,

first level hospitals,

tertiary level hospitals



#### TOWARDS UNIVERSAL HEALTH COVERAGE

INTERVENTIONS' DESCRIPTION OF ESSENTIAL PACKAGE OF HEALTH SERVICES/ UHC BENEFIT PACKAGE OF PAKISTAN

Oct 2020





# **Old School** Infant and Young Child Feeding Community Management of Acute Malnutrition Helping Baby Breathe Growth Monitoring and Promotion Deworming days

### **Current Strategy**

Integrated Management of Neonatal and Childhood Illness (IMNCI)

Vit.A campaigns

Old School	Current Strategy	
Family Health Initiative (FHI)	MNCI, PCPNC	
Essential Newborn Care (ENC)	Pregnancy, Childbirth, Postnatal and Newbo Care (PCPNC)	
Emergency Obstetrics and Newborn Care (EmONC)		
Community IMCI	Integrated Community Case Management	

Community IMCI

Integrated Community Case Management (iCCM)

Pre-service IMCI

Integrating national strategies in pre-service

## How to Contribute

#### **Pediatricians**

#### **General Practitioners**

- ✓ Adhere to National Guidelines in clinical practice
- ✓ Practice rationale use of drugs
- ✓ Provide support to the partners in emergency services
- ✓ Immediately report all notifiable diseases including vaccine preventable diseases









